## **Livingston County Center for Nursing and Rehabilitation Family Forum (Family Council) Meeting Minutes**

March 17<sup>th</sup>, 2021 Via Zoom Meeting

Mr. Woodruff opened the meeting with thanking everyone for attending. We had a much larger audience this time around.

LCCNR staff that attended the call: Stephen Woodruff, Eric Townsend, Dr. Greg Collins, Kathy Crye, Kim Kavanagh, Jessica Werner, Barb Rauber, Bonnie Morris and Marianne Miller.

## (Mr. Woodruff)

- Introduction of Dr. Collins: Dr. Collins is a Family/Emergency medicine physician affiliated with the Wyoming County Community Health System and a 25-year resident of Livingston County. He received his MPH degree from University of Massachusetts, his medical degree from Chicago College of Osteopathic Medicine and completed his residency in Family Medicine at University of Rochester. He is board certified in Family Medicine and in the subspecialty of Addiction Medicine. He is accredited by the Society for Post-Acute and Long Term Care as a certified nursing facility medical director. Dr. Collins has 15 years of experience in nursing home care as both an attending physician and nursing facility medical director. His current areas of focus are the "aging in place" model of nursing home care utilizing an integrated multidisciplinary team approach consisting of physicians, nurse practitioners and physician assistants to provide high quality and compassionate care to long term care residents.
- New residents coming into the facility have the opportunity to get vaccinated by the Livingston County DOH. We are pleased to have this partnership with them.
- Staff of the CNR that were not vaccinated had another opportunity to get vaccinated at the Liv. County DOH.
- We continue weekly communication with families via, phone message, mail and email.
- Visitation: The big white tent is up and ready to be used as long as the weather permits.
- All staff is tested once or twice a week depending on their work schedule: we overnight those to a lab in Nashville. Process time is about 20 hours from when they receive them.
- Operationally on the Country Neighborhood we are stripping and waxing floors. Touch up paint is being completed.
- Jessica Werner: Social Work is overseeing Compassionate Care/EOL visits while Activities is overseeing In-Person and window visits.
- Kim Kavanagh: we have done over 107 window visits, mostly these have been done on the weekend. If you would like to visit please call 243-7222 to schedule.
- Barb Rauber: Fiscal is in the middle of the 2020 audit, all is going well.

## **OPEN FORUM:**

## Discussions/Questions from families:

- Why are residents in quarantine for 21 days?
  - o 14 days is required. The incubation period is longer and closer to 21 days and they can still become positive. We established a longer period to have less risk of exposure. People still spread the virus well up to 20 days. Once we get more information on the vaccine this may change.
- Have group activities started yet?
  - Once we clear the 14-day window of no positives we can start group activities of no more than 10. Any activity of a positive halts all visitation and group activities.

- When they start the In-Person visits in the White Tent will we have to have a COVID test?
  - o The test is not a requirement, only recommended.
- For Compassionate Care and End of Life visits the COVID test is not required only recommended.
  - All visitors must pass the screening questions, wear PPE, and follow the Center's Infection Prevention guidelines.
- Why does the Compassionate Care visits need to be approved?
  - O Per State Guidelines they need to be approved. The CNR determines what makes a Compassionate Care visit by the guidelines provided to us and then we approve the visit from there. Compassionate Care visits are approved individually, and will continued to be reviewed for each visit requested. There has to be a distinction between Compassionate Care and a Regular visit.
- During a Compassionate Care visit can we touch the resident?
  - Per CDC guidelines, it is permissible to make contact with the resident as long as you have proper PPE on. However, this guidance appears to be in conflict with NYSDOH safe distancing requirements.
- Are the Residents allowed to eat in the dining room?
  - Occasionally residents do eat out in the living room, on a case-by-case basis.
- Visitors are not asked if they have received the vaccine, it is not a question on the screening form.
- During Compassionate Care / or In Person visits it is very hard to hear in the Atrium/Tent, can we have a choice as where we would like to visit?
  - O For Compassionate Care visits they will be determined to be in the atrium or in the resident's room. In Person visits depending on the weather will be in the atrium or out in the white tent.
- How many Compassionate Care visits can we have?
  - O The LCCNR can have a percentage of visitors in the building at one time by State guidance regulations. We are trying to be mindful to all families and residents to get everyone scheduled for visitation.
- Residents that are in quarantine, do they get daily visits from Activities?
  - Yes, Activities goes to TCU on a daily basis.
- Can we bring homemade food to our loved ones now?
  - O Yes you can, guidance has been changed.
- Residents who have been moved from Country Lane, will they have an opportunity to move back in the near future?
  - On January 9th, 2021 Country Lane residents were moved to other units. We had multiple issues with plumbing and other issues that needed fixing. We will take all considerations when final plans are being reviewed.
- Can we bring gifts in for the residents?
  - o Yes you can.
- What are the qualifications of a Compassionate Care visit?
  - O Some examples of compassionate care visits are, but not limited to: residents recently grieving the loss of a friend or loved one, residents who are experiencing signs and symptoms of emotional distress (that rarely had experienced this in the past), residents who previously received in-person support and/or cueing from family for eating and drinking, and are now experiencing dehydration or weight loss... The situations above are not intended to be an exhaustive list. Additional compassionate care situations may be considered by the facility on a resident-specific basis.
- How many people can come on a Compassionate Care visit?
  - o 1 person right now is allowed for Compassionate Care visits for 30 minutes. Some families are splitting the visit with 15 minutes a piece. The CNR will review these guidelines with Dr. Collins (Medical Director) to see if there will be any changes.

- In the Compassionate Care Visit letter it says that we (family members) could come help feed?
  - The CNR will review and put together a FAQ and will review with the Medical Director.

Families appreciate all of the staff's dedication and hard work!

Please feel free to email or call Mr. Woodruff, Eric or Kathy at any time with questions or concerns.

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Minutes of all the Family Forum (Family Council) meetings can be accessed at the link below once approved: <a href="https://www.livingstoncounty.us/AgendaCenter">https://www.livingstoncounty.us/AgendaCenter</a>

At this time the next meeting is set for April 14<sup>th</sup>, 2021 at 1:30 pm via Zoom. We will send out the link in the next few days to join the next meeting.

Respectfully submitted,

Bonnie Morris Social Work Secretary