


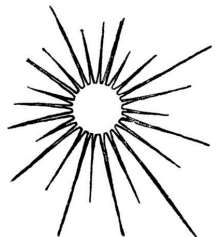


Livingston County
Office for the Aging
Senior Nutrition Program
(585) 243-7520

FEBRUARY 2020

**COOLERS MUST CONTAIN ICE
FOR MEAL TO BE LEFT**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02/03—02/07	Lemon Pepper Chicken Rice Pilaf California Blend Veggies Cranberry Juice Peaches Margarine 1% Milk 3	Cheese Lasagna Roll w/ Marinara Sauce Spinach Lima Beans Wheat Roll Chocolate Chip Cookies Margarine 1% Milk 4	BBQ Pork Wax Beans Broccoli Corn Bread Butterscotch Pudding Margarine 1% Milk 5	Turkey Burger w/ Peppers & Onions Burger Bun Peas Carrots Pears Margarine 1% Milk 6	Beef & Bean Chili Capri Blend Vegetables Mashed Potatoes Wheat Bread Slice Lemon Bar Margarine 1% Milk 7
02/10—02/14	Seasoned Chicken Breast Beets Green Beans Wheat Bread Slice Chocolate Brownie Cookies Margarine 1% Milk 10	Meatloaf w/ Gravy Mashed Potatoes Capri Blend Vegetables Wheat Roll Mandarin Oranges Margarine 1% Milk 11	Pepper Steak Rice Snap Peas Apple Juice Rice Pudding Margarine 1% Milk 12	Ham Mashed Sweet Potatoes Mixed Vegetables Wheat Bread Slice Rice Krispy Treat Margarine 1% Milk 13	Pasta w/ Meat Sauce Peas Italian Blend Vegetables Wheat Roll Strawberry Bavarian Margarine 1% Milk 14
02/17—02/21	PROGRAM CLOSED FOR 	Sloppy Joe Burger Bun Brussel Sprouts Corn Chocolate Pudding Margarine 1% Milk 18	Honey Mustard Pork Mashed Sweet Potatoes Wax Beans Orange Juice Apple Sauce Margarine 1% Milk 19	Mac & Cheese Stewed Tomatoes Cottage Cheese Peas Mandarin Oranges Margarine 1% Milk 20	Chicken Stew Hubbard Squash Spinach Wheat Bread Slice Fruit Bar Margarine 1% Milk 21
02/24—02/28	Italian Sausage w/ Pepper & Onions Mashed Sweet Potatoes Capri Blend Vegetables Apple Juice Lorna Doones Margarine 1% Milk 24	Beef Pot Roast w/ Gravy Mashed Potatoes Corn Wheat Dinner Roll Tropical Fruit Margarine 1% Milk 25	Vegetable Lasagna Lima Beans Beets Wheat Bread Slice Oatmeal Raisin Cookie Margarine 1% Milk 26	Chicken (Breast) & Gravy Biscuit Brussel Sprouts Carrots Butterscotch Pudding Margarine 1% Milk 27	Lemon Pepper Fish Italian Blend Vegetables Spinach Wheat Dinner Roll Fruit Bar Margarine 1% Milk 28



*Keep your faith in beautiful things,
in the sunshine when it is hidden, in the spring when it is gone.
- Roy R. Gibson*

