



Livingston County
Office for the Aging
Senior Nutrition Program
(585) 243-7520

MARCH 2020

**REMINDER:
COOLERS MUST CONTAIN ICE
FOR MEAL TO BE LEFT.**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03/02—03/06	Swedish Meatballs Egg Noodles Peas Wheat Bread Slice Peaches Margarine 1% Milk 2	Beef & Bean Chili Corn Bread Muffin Mashed Potatoes Capri Blend Vegetables Chocolate Chip Cookie Margarine 1% Milk 3	BBQ Pork Wax Beans Broccoli Grape Juice Butterscotch Pudding Margarine 1% Milk 4	Chicken Etouffee White Rice Corn Wheat Bread Slice Pears Margarine 1% Milk 5	Cheese Lasagna Roll w/ Marinara Sauce Spinach Lima Beans Wheat Roll Lemon Bar Margarine 1% Milk 6
03/09—03/13	Turkey Tetrizzini Beets Green Beans Wheat Bread Slice Chocolate Brownie Cookies Margarine 1% Milk 9	Ham Sweet Mashed Potatoes Mixed Vegetables Wheat Bread Slice Mandarin Oranges Margarine 1% Milk 10	Meatloaf w/ Gravy Mashed Potatoes Capri Blend Vegetables Wheat Roll Rice Pudding Margarine 1% Milk 11	Asian Style Pepper Steak Rice Snap Peas Apple Juice Rice Krispy Treat Margarine 1% Milk 12	Fish Patty Burger Roll Corn Wild Rice Strawberry Bavarian Margarine 1% Milk 13
03/16—03/20	Pasta w/ Meat Sauce Peas Italian Blend Vegetables Wheat Roll Chocolate Pudding Margarine 1% Milk 16	Corned Beef Cabbage & Carrots Boiled Potatoes Wheat Bread Slice Fruited Lime Jello Margarine 1% Milk 17	Honey Mustard Pork Sweet Mashed Potatoes Wax Beans Orange Juice Apple Sauce Margarine 1% Milk 18	Chicken & Rice Casserole Hubbard Squash Spinach Wheat Bread Slice Mandarin Oranges Margarine 1% Milk 19	Mac & Cheese Stewed Tomatoes Cottage Cheese Peas Fruit Bar Margarine 1% Milk 20
03/23—03/27	Meatball Sub Hot Dog Roll Capri Blend Vegetables Spinach Lorna Doones Margarine 1% Milk 23	Beef Pot Roast w/ Gravy Mashed Potatoes Corn Wheat Dinner Roll Tropical Fruit Margarine 1% Milk 24	Vegetable Lasagna Lima Beans Beets Wheat Bread Slice Oatmeal Raisin Cookie Margarine 1% Milk 25	Chicken, Ham & Swiss Casserole Biscuit Brussel Sprouts Carrots Butterscotch Pudding Margarine 1% Milk 26	Lemon Pepper Fish Wild Rice Italian Blend Vegetables Apple Juice Fruit Bar Margarine 1% Milk 27
03/30—03/31	Sloppy Joe Burger Bun Brussel Sprouts Corn Lorna Doones Margarine 1% Milk 30	Turkey Burger w/ Peppers & Onions Burger Bun Peas Carrots Pears Margarine 1% Milk 31	<i>May you never forget what is worth remembering, Nor ever remember what is best forgotten.</i>		

