



# Breastfeeding Friends

of Livingston  
County!

is now virtual!

Join our breastfeeding support group  
from the **comfort of your own home!**

- **Pregnant and Interested in Breastfeeding?**
- **Need Answers to Your Breastfeeding Questions?**
- **Already Breastfeeding and Want to Meet Other Moms?**

Relax and join us for support, and information provided by a  
Certified Lactation Counselor or Registered Nurse!

***Every*** Tuesday  
(Except on Federal Holidays)  
10:00 AM - 12:00 PM

For more information, call the Livingston County  
Department of Health at 585-243- 6792 or 243-7392.



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6.2020