



News from Livingston County, NY

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Build a Disaster Kit Today!

Mount Morris, NY – National Preparedness Month is recognized each September to promote family and community disaster planning now and throughout the year. As our nation continues to respond to COVID-19, there is no better time to be involved this September. As part of the Annual Emergency Preparedness Month, this week the Livingston County Department of Health and the Livingston County Office of Emergency Management are sharing information to help you “Build a Kit.”

After an emergency, you may need to survive on your own for several days. Since you do not know where you will be when an emergency occurs, prepare supply kits for home, work and vehicles. Make sure all family members know where the kits are kept.

A disaster supplies kit for your home is a collection of basic items your household may need in the event of an emergency. Visit <https://www.livingstoncounty.us/902/Emergency-Preparedness> for a preparedness checklist.

After gathering basic items consider what unique needs your family might have, such as supplies for pets or seniors. Don't forget to include additional items to help prevent the spread of COVID-19, flu, or other viruses such as cloth face coverings (for everyone ages 2 and above), soap, hand sanitizer, and disinfecting wipes to disinfect surfaces.

To assemble your home kit, store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or duffel bags. Remember it is important to maintain your kit so it is ready when needed. Below are some helpful tips:

- Keep canned food in a cool, dry place
- Store boxed food in tightly closed plastic or metal containers
- Replace expired items as needed and re-think your needs every year and update your kit as your family's needs change.

A Work Kit should be stored in a “grab and go” case with items that you will need for at least 24 hours. Items include food, water and other necessities like medicines, as well as comfortable walking shoes. In case you are stranded, keep a Car Kit of emergency supplies in your car.

For more information please visit <https://www.ready.gov/kit>. If you have any questions about emergency preparedness, please contact the Livingston County Department of Health at 585-243-7524, Office of Emergency Management at 585-243-7160 or visit our website at www.livingstoncounty.us/doh.htm.

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