

**LIVINGSTON COUNTY
DEPARTMENT OF HEALTH
SHAPE MEETING
Meeting Minutes**

Facilitator	Yvonne Oliver	Date	July 23, 2018	
Facilitator Signature		Scribe: Ashley Scutt		
Attendees	Yvonne Oliver, Kevin Dyke, Lisa Grosse, Ian Coyle , Elaine Szoczei, Sue Carlock, Sandy Johnson			
Key Points Discussed and Action Items				
Agenda Item	Discussion	Action Items	Owner	Target Date
1. Activity Report	<p>Highway- Elaine</p> <ul style="list-style-type: none"> ♥ Employee clam bake was successful ♥ Owning their own vending machines is successful – however there are not many healthy options. ♥ Saw a problem in the past with healthier options being expired <p>OFA- Sue</p> <ul style="list-style-type: none"> ♥ Every other month birthday celebration potluck is going well ♥ Seeing more walkers than in the past. <p>GOVERNMENT CENTER - Sandy</p> <ul style="list-style-type: none"> ♥ Knit in public event at the park was a success. ♥ 7/31 will be a salad soiree ♥ The Veggie hut is up so people can bring in/ take veggies ♥ Fill the Bus school supply drive has kicked off ♥ Planning on a hot dog day in September <p>DOH – Yvonne</p> <ul style="list-style-type: none"> ♥ There will be an upcoming salad soiree training day ♥ Fitness center is up and running 			

2.	Workplan Updates	<p>Weight Watchers</p> <ul style="list-style-type: none"> ♥ As of 7/9 the group has lost a total of 384lbs! ♥ Due to some members reaching their lifetime weight goal they need more people to sign up to continue the meetings. ♥ Currently they meet at 4pm but can move it to 4:30pm to make it more accessible to others. <p>Smoking Cessation</p> <ul style="list-style-type: none"> ♥ Survey of interest went out- many interested within DSS and Gov't Center but only 4 people signed up ♥ Pushing the classes back to September in hopes more people will sign up. <p>Wellness Event</p> <ul style="list-style-type: none"> ♥ Set for October 25, 2018 ♥ Will focus on internal vendors vs. external vendors ♥ Will divide tasks among the committee ♥ Flu shots will be offered at the event ♥ Suggested to have UMR representatives available to meet with employees <p>Blue Line Walking path</p> <ul style="list-style-type: none"> ♥ It was suggested we have an employee walking path in the parking lots. ♥ Map out an area in the parking lot and indicate how many times around equals a mile. ♥ Hoping it will offer a new option for employees to get more active throughout the day without having to go far 	<ul style="list-style-type: none"> ♥ Contact UMR to see if reps are available to attend the event ♥ Map out areas and report back at the next meeting. 	<p>Yvonne and committee</p> <p>Ian</p> <p>Kevin</p>	
3.	SHAPE5k Debriefing	<p>SHAPE 5K Debriefing</p> <ul style="list-style-type: none"> ♥ Due to the date change attendance was low ♥ Next year there will be a designated rain date ahead of time ♥ Weather was great ♥ Received a lot of positive feedback on the new course ♥ We received a lot of baskets from departments ♥ Next year we need to provide more pins for the bibs ♥ Did hear that people thought the shirts were too heavy and to consider a different material next year ♥ There was discussion on a friendly departmental challenge for next year. 	<ul style="list-style-type: none"> ♥ Send out thank you note to Departments that donated. ♥ Bring ideas for a department 5k challenge to the next meeting ♥ Lisa G. - use leftover gift card \$25.43 for a basket for the wellness event 	<p>Yvonne</p> <p>Lisa G.</p> <p>Committee</p> <p>Lisa G.</p>	

4.	Next Meeting	♥ August 27, 2018 at 9:00am Meeting adjourned at 9:56am			