



IN THE NEWS
LIVINGSTON COUNTY DEPARTMENT OF HEALTH

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For Immediate Release

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Protect Yourself from Disease While Hunting

Mount Morris, NY, October 2021 — If you hunt, you should be aware that it can put you at risk for two common diseases that can be prevented. These two diseases are Lyme Disease, and Rabies. The Livingston County Department of Health offers information about each disease and tips for you below.

Lyme Disease is transmitted to humans by the bite of an infected tick. Typical symptoms include fever, headache, fatigue, and a circular skin rash with a target-like appearance. Tips to keep yourself safe include:

- Wear insect repellent or use odorless permethrin on clothing
- Tuck your pants into socks, and shirt into pants
- Check for ticks daily
- Shower soon after being outdoors

Rabies is transmitted through direct contact such as broken skin or mucous membranes in the eyes, nose, or mouth of an infected animal. Symptoms can include general weakness or discomfort, fever, or headache. Tips to keep yourself safe from rabies include:

- Staying clear of animals that have trouble walking, is drooling, or has an appearance of “drunkenness,” aggression or even tameness
- Wear gloves when dressing or butchering game
- Wash hands thoroughly afterward

For more information on how to protect yourselves from, please visit www.livingstoncounty.us/eh or call the Livingston County Department of Health at 243-7299.

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