



# YOU ARE NOT ALONE!

Support groups are monthly, confidential meetings where caregivers can share their experiences, connect with others who understand and learn more about the disease. Support groups are facilitated by trained volunteers. The meetings are free and no registration is required.

## Alzheimer's/ Dementia Groups

## General Caregiver Support Groups

*NOT Alzheimer's/dementia  
specific — for any caregiver to attend:*

**FIRST MON: 6:30- 8:00**

### Dansville Library

200 Main St., Dansville, NY 14437

**FIRST & THIRD MON: 7:00 - 8:00**

### Avon Veterans Hall

5480 E Avon Rd., Avon, NY 14414

**SECOND Mon: 2:00-3:00**

### Lima Library

1872 Genesee St., Lima, NY 14485

**SECOND THURS: 9:30 – 10:45**

### Mae's Restaurant

4182 Lakeville Rd., Geneseo, NY 14454

**FOURTH MON: 1:00 - 2:00**

### Geneseo United Methodist Church

4520 Genesee St. Geneseo, NY 14454

**SECOND TUES: 1:30 - 3:00**

### Wayland Library

101 W. Naples St., Wayland, NY 14572

**FOURTH TUES: 2:00-3:00**

### Wayland Library

101 W. Naples St., Wayland, NY 14572

Respite *may* be available so you can attend.

For more information, contact:

### Noyes Caregiver Resource Center:

Tel: 585-335-4358

e-mail: [caregiver@noyeshealth.org](mailto:caregiver@noyeshealth.org)

### Alzheimer's Association:

1-800-292-3900

alzheimer's   
association™

  
Caregiver  
Resource Center

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MEDICINE | HEALTH

*If a scheduled support group falls on a holiday, it will either be re-scheduled or cancelled. Check with location for more info.*