



**LIVINGSTON COUNTY
OFFICE FOR THE AGING**

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Sue Carlock
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**LIVINGSTON COUNTY OFFICE FOR THE AGING PUBLIC HEARING
ABSTRACT FOR THE 2020-2021 PROGRAM YEAR SERVICES PLAN**

INTRODUCTION:

Livingston County Office for the Aging (LCOFA) is responsible for planning, coordinating, funding, and advocating for programs and services which meet the needs of Livingston County residents age 60 and over, as well as providing information and assistance for individuals with disabilities and caregivers of any age. Services are targeted to individuals with the greatest social and/or economic need.

Livingston County covers a geographic area of over 640 square miles, encompassing 17 towns.

LCOFA anticipates a total budget for 2020-2021 of approximately \$2,400,000 of which 52% is local match. The entire budget will consist of Federal and State funds with local matching requirements, donations, and participant contributions. The Livingston County Office for the Aging is regulated by the New York State Office for the Aging, and the US Administration for Community Living through the Older Americans Act.

LCOFA follows Livingston County Purchasing and Procurement Rules and Regulations in determining provider agencies.

The purpose of this Public Hearing is to present proposed action under the Older Americans Act and to obtain input for the planning process outlined by the New York State Office for the Aging. The Livingston County Office for the Aging is mandated by New York State Office for the Aging to provide a list of priority services which the local Area Agency on Aging will address in 2020-2021.

LCOFA Goals for 2020 include:

1. Enable older adults to remain in their homes with high quality of life for as long as possible through the provision of home and community-based services, including supports for family caregivers.
2. Empower older adults, individuals with disabilities, their families, and the public to make informed decisions about, and be able to access, existing health, long term services and supports, and other service options.
3. Empower older adults to stay active and healthy through Older Americans Act Services and those offered under Medicare.
4. Ensure the rights of older adults and prevent their abuse, neglect, and exploitation.

Please note, this draft plan is still pending final allocations, public recommendations, New York State Office for the Aging, and Livingston County Board of Supervisors approval. The anticipated amounts below only include priority areas.

Our priority services are as follows:

1. Caregiver Services: Through a subcontracted service provider, LCOFA provides caregiver services, education, training, and support. This Caregiver Resource Center program provides information and support to caregivers and those needing assistance with Alzheimer's Disease and other related memory care issues. LCOFA contracts with UR Medicine/Noyes Health for these services. The total funding for the contract is \$38,532, with \$4,350 provided in-kind by UR Med/Noyes Health. In addition, 750 hours of in-home respite will be provided at a cost of approximately \$26.00 per hour. LCOFA contracts with several home health care agencies that are contracted to provide respite.

2. Health and Wellness: In partnership with several service providers, LCOFA provides several health and wellness programs to assist individuals age 60 and over to improve and/or maintain their overall health and wellness. Programs include Aging Mastery, A Matter of Balance, Powerful Tools for Caregivers, and Tai Chi for Arthritis. It is projected that at least 900 units of health promotion will be provided for the 2020-2021 program year. The cost per unit of evidence-based

programming is very low (under \$10.00) due to fact that volunteers facilitate many of the programs.

3. *Health Insurance and Information Counseling (HIICAP)/MIPPA:* LCOFA provides health insurance information counseling to help older adults understand health insurance plan information to make unbiased decisions on the most appropriate plan for them. **Funding for this program totals approximately \$46,000.**

The Medicare Improvements for Patients and Providers Act (MIPPA) Program is combined with the HIICAP Program to help low-income Medicare beneficiaries understand and apply for programs that make Medicare affordable – including Medicare Part D Extra Help/Low-Income Subsidy (LIS/Extra Help), which helps pay for the Part D premium and reduces the cost of prescriptions at the pharmacy, and the Medicare Savings Programs (MSPs), which helps pay for Medicare Part B.

4. *Information and Assistance:* Through our office, we offer information and assistance, options counseling, and application assistance regarding public benefits and community-based long-term care service options for older adults and individuals with disabilities of any age. **The total funding for all services offered through this effort is projected to be \$238,322: approximately 1,600 individuals are projected to be served.**



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5. *In-Home Services:* Through our subcontracted providers, LCOFA provides services to help keep older adults independent and in their homes, for as long as they are able and choose to reside there.

These services include Personal Care Level I, Personal Care Level II, Consumer Directed Services, and ancillary services such as Personal Emergency Response systems (PERS) to individuals age 60 and over who are not eligible to receive Medicaid benefits. Personal care services are provided through subcontracts with several home health agencies. AIM Independent Living Center is a partner for Consumer Directed Services.

With an average cost of \$23.58/unit, LCOFA will provide approximately 6,900 units (hours) of service in 2020. Individuals receiving in-home personal care through EISEP also receive case management and may receive ancillary assistance such as Personal Emergency Response Services. LCOFA provides case management directly and contracts with UR Med/Noyes Health for EARS Lifeline service.

There are approximately 10-15 people per month on wait lists for Personal Care Level I and II services.

6. *Legal Assistance:* As a required component under the Older Americans Act, LCOFA provides legal assistance through our subcontracted provider, Legal Assistance of Western NY (LawNY) to individuals age 60 and older. Legal issues can include issues such as income security, health care, long-term care, housing, utilities, adult protective services, defense of guardianship, abuse, neglect, and age discrimination. Legal assistance is targeted toward older individuals in social and economic need.

With an average cost of \$85.00/unit, LCOFA will provide approximately 235 units of service at a total cost of \$20,000 in 2020.

7. *Transportation:* Through subcontracts, LCOFA funds some limited transportation to allow for increased independence of older adults 60 and over. Transportation is provided through RTS Livingston for attendance at area senior centers at a rate of \$1.48 per one-way ride. LCOFA subcontracts with Catholic Charities at a rate of \$3.50 per one-way trip for the Faith in Action program to transport older adults to medical appointments and grocery shopping. LCOFA subcontracts with the Arc of Livingston Wyoming for van transportation to the

Blended Seniors respite program and other limited uses at a rate of \$40.00/day, as well as individual trips at a per-trip rate.

For 2020-2021, LCOFA will provide approximately 6,200 one-way trips at a total cost of approximately \$22,000.

8. Nutrition:

Home Delivered Meals: LCOFA subcontracts with Morrison Senior Dining to prepare nutritious chilled meals for individuals who are 60+, frail and disabled and unable to leave their home or prepare meals for themselves. LCOFA then delivers the meals directly through paid and volunteer staff. Eligibility is determined through an in-home assessment, and those who qualify receive one meal, Monday through Friday.

At an approximate cost of \$9/meal, LCOFA will provide approximately 53,100 meals in 2020. Total funding for this program is \$468,276.

Nutrition Education: A Registered Dietician through a contract with Cornell Cooperative provides nutrition education in a group setting at area senior centers once every other month, and through articles sent to home delivered meal and congregate meal participants once per month.

LCOFA plans to provide 4,900 units of nutrition education for approximately 500 individuals who attend congregate meals sites or receive home delivered meals. The cost of nutrition education is about \$35.00/hour.

Nutrition Counseling: The contracted Registered Dietician provides 1:1 counseling (primarily via phone) with individuals age 60+. The dietician listens to individuals' nutrition concerns and helps them identify ways to make changes to improve or maintain their health.

LCOFA expects that 30-40 individuals will receive nutrition counseling at a cost of \$35.00/hour.

Congregate Meals: A midday meal is available to individuals age 60 and over in Livingston County, and their spouses that attend with them regardless of age. Meals are offered at four congregate meal sites located in Avon, Dansville, Livonia, and Mount Morris. LCOFA operates three sites directly. The fourth, a

pilot site, is located at Wildbriar Estates in Livonia. LCOFA provides the meals for this site with Wildbriar providing the space, staff, and supplies. The Nutrition Program provides a meal, an opportunity to socialize, health and wellness/educational opportunities, and activities.

At an average cost of approximately \$11/meal, LCOFA will provide approximately 27,000 meals serving 250 individuals for 2020.

Funding and Contributions for Programs: Programs are funded through the US Administration on Community Living, New York State Office for the Aging, Livingston County Office for the Aging, United Way, subcontracted providers, donations and individual contributions.

No eligible person can be turned away due to inability or unwillingness to contribute to a program or service, with the exception of programs requiring a cost-share, and when units/slots are unavailable.

Individuals should consider contributions they are comfortable with. All contributions are put back into programming for which they are received, to provide additional services to older adults in need. Individuals may contribute anonymously through contributions by check or money order. Contributions will not be tracked to an individual. Contributions can be made to the subcontracted provider agency directly, or to:

Livingston County Office for the Aging
3 Murray Hill Drive
Mount Morris, NY 14510

LCOFA establishes suggested contributions for most services and reviews them annually. Current suggested contribution amounts include:

- Home Delivered Meals: \$3.00/meal Actual Cost: \$8.82
- Transportation to Congregate Meal Site: \$1.00/one-way trip
Actual Trip cost: \$1.48/one-way trip
- Nutrition Counseling: \$10/hour; Actual Cost: \$35.00/hour
- Legal Services: \$25.00/hour; Actual Cost: \$85.00/hour

Individuals with incomes at or above 185% of the poverty income guidelines are asked to consider contributions in line with the actual cost of service.

The Office for the Aging remains strong in its commitment to assisting individuals to remain in their homes and community for as long as they choose and can safely do so with supports. The priority services that are listed above are the majority of the programs we have in place to achieve this goal. These programs and services are part of a larger network of partnering agencies, funders, and providers that help create a collective impact throughout Livingston County.

The Livingston County Office for the Aging appreciates any feedback related to this plan, and input about future or changing needs of our community's older adults. We will take comments through October 16, 2019 for the initial 2020 Program Plan; however, we are interested in hearing about community needs throughout the year. You may contact the Livingston County Office via mail: 3 Murray Hill Drive, Mt. Morris, NY 14510; via phone: (585) 243-7520, or via email: ofta@livingstoncounty.gov.

On behalf of our County Administrator, Ian M. Coyle, the Livingston County Board of Supervisors, the staff of the Livingston County Office for the Aging, and our subcontracted provider agencies, thank you for any feedback you can provide to help us serve you better.

**Livingston County Office for the Aging Funding Streams:
All 2020 Sources: \$2,403,141**

Federal: 10%

IIIB	\$ 55,982 – Supportive Services
IIIC-1	\$ 79,284 – Congregate Meal Program
IIIC-2	\$ 40,418 – Home Delivered Meals
IIID	\$ 4,214 – Health and Wellness
HIICAP	\$ 18,420 – Health Insurance Information Counseling Assistance Program
IIIE	\$ 31,128 – Elder Caregiver Support Program
MIPPA/ ADRC	\$ 13,321- Medicare Improvements Program
TOTAL	\$242,767

State: 29%

EISEP	\$183,437 – Expanded In-Home Services to the Elderly Program
CSE	\$120,173 – Community Services for the Elderly Program
CSI	\$ 1,389 – Congregate Services Initiative Program
WIN	\$144,803 – Supplemental Nutrition Assistance Program Home-Delivered Meals
AAA Transportation	\$ 5,600
NY Connects	\$203,490
HIICAP	\$ 14,864 – Health Insurance Information Counseling Assistance Program
Unmet Needs	\$ 20,153 – Unmet needs funding to reduce waiting lists (EISEP)
TOTAL	\$693,909

Local Match: 52%

Liv. Co. Board of Supervisors	\$1,259,143
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Other Sources: 9%

Participants Contributions	
USDA	
Donations	
United Way	

TOTAL \$207,322

